

November 5, 2021

To our patients,

For anyone who is eligible and has been unable to secure an appointment for a COVID booster shot, we will be able to offer you availability on **Monday November 22nd** for a Moderna booster in our office. We have limited supply and due to limitations in stability of the vaccine, we must administer all doses on that day once the vial is opened. Please call the office if you are interested in scheduling for that day! Also, if you have not received a primary COVID vaccine yet, this is a great opportunity, and we would be thrilled to administer your first dose of vaccine here in the office!

As a reminder, the recommendations are as follows for booster doses: For those who are at least 6 months after completion of the primary series of either COVID 19 Pfizer or Moderna vaccine series, the following groups are eligible for a booster dose:

- *Those 65 and Older
- *Those 18-64 in long term care settings
- *Those 18-64 with certain high risk underlying medical conditions
- *Those 18-64 who live in high-risk settings or have occupational high-risk exposures

For those who are at least two months from a single dose of the J&J vaccine, it is recommended that everyone 18 and older receive a booster dose.

Eligible individuals may choose which vaccine they wish to receive as a booster (meaning 'mix and match') is allowed. Pfizer and J&J booster is the same dose as the primary vaccination, while the Moderna booster is 1/2 dose.

We do not have a specific recommendation about mixing and matching mRNA vaccines (Pfizer and Moderna).

Also, as a reminder, we have flu shots available which can be scheduled for any day of the week. Please contact the office to schedule your flu shot if you haven't already!

Sincerely,

Drs Jen Mills and Rick Kaner

